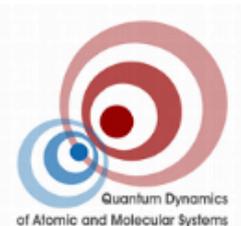
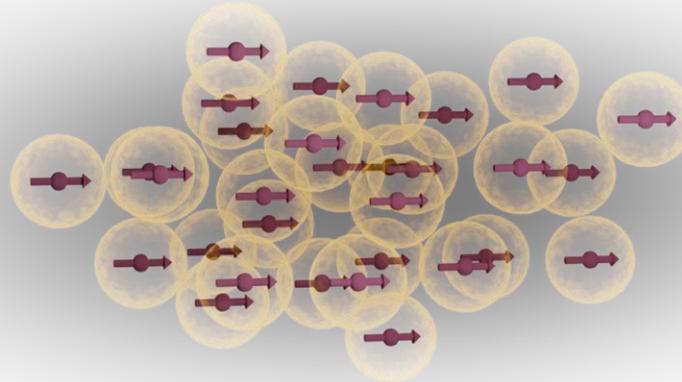


Observation of glassy dynamics in a disordered quantum spin system



Gerhard Zürn



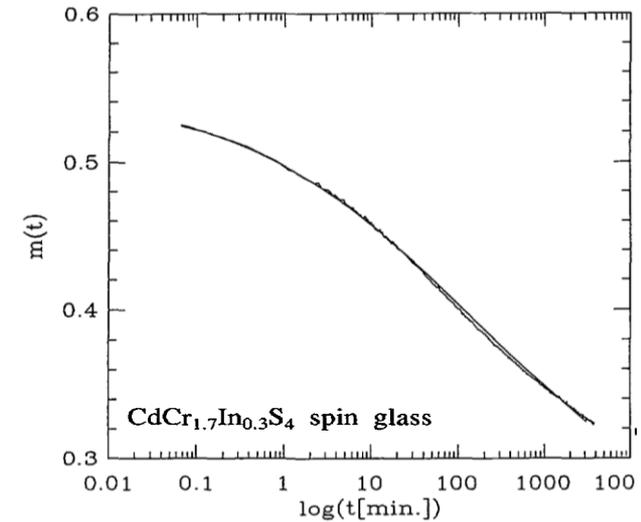
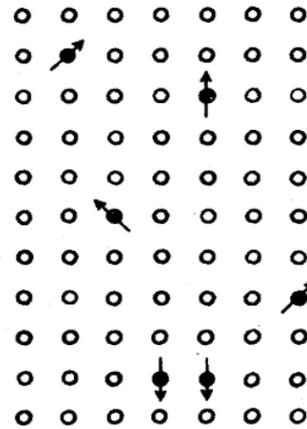
A05: Weidemüller / Whitlock / Gärtner

How do disorderd system relax



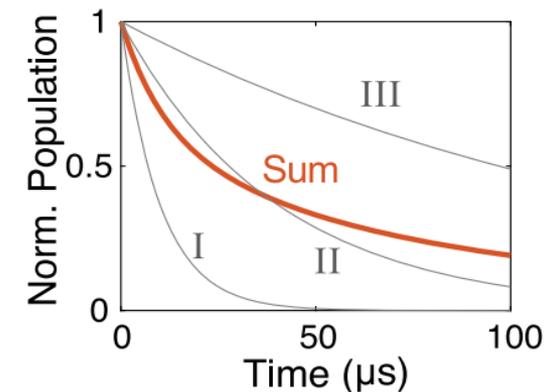
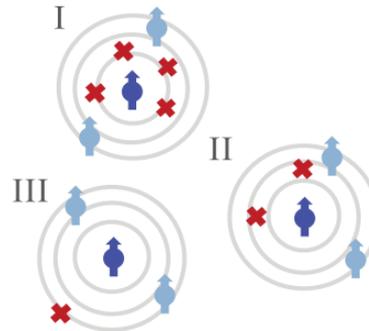
Slow dynamics:

- systems coupled to a bath:
e.g. spin glasses



- open quantum systems:
e.g. NV centers

coupling to environment
averaged depolarization

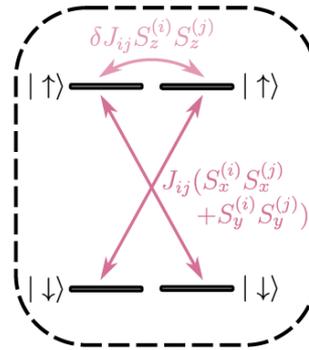


Does such glassy dynamics also exist for isolated quantum systems ?





Spin $\frac{1}{2}$ -system



Heisenberg
XXZ Hamiltonian

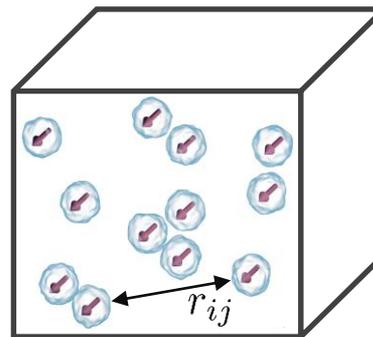
$$H = \sum_{i,j} J_{ij} \left(S_x^{(i)} S_x^{(j)} + S_y^{(i)} S_y^{(j)} + \delta S_z^{(i)} S_z^{(j)} \right)$$

$$\delta = -0.7$$

Disorder in the coupling
constants

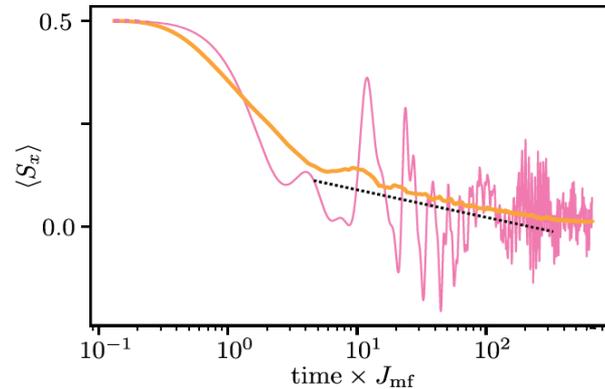
$$J_{ij} \propto \frac{1}{|r_i - r_j|^\alpha}$$

$$\alpha = 6$$



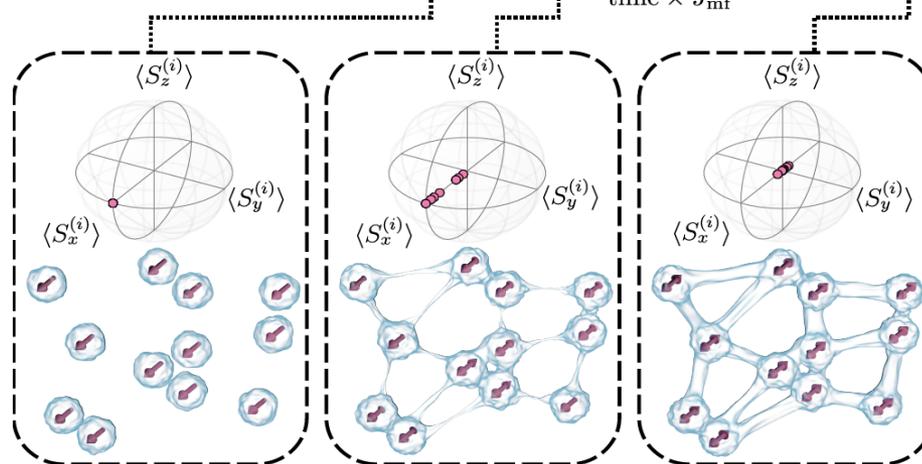
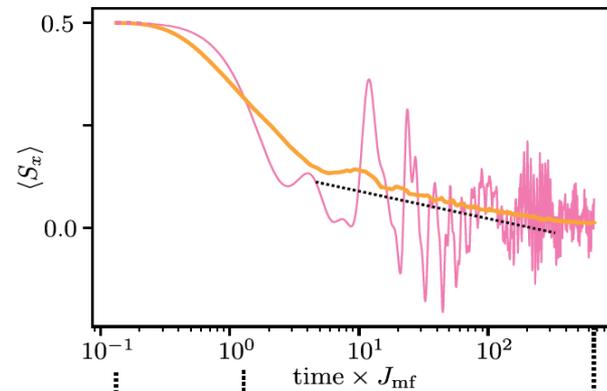


$$|\Psi_0\rangle = |\rightarrow\rangle_x^{\otimes N}$$



- Initial state: Spin aligned in x-direction:
- Calculate magnetization $\langle S_x \rangle$
 - pink: single realization
 - orange: ensemble average
- Short time: quadratic Hamiltonian evolution
- Long time: slowdown of relaxation
 - dashed line: logarithm

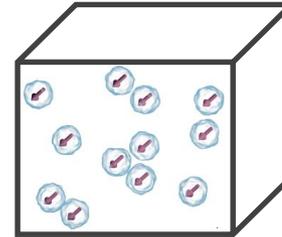
$$|\Psi_0\rangle = |\rightarrow\rangle_x^{\otimes N}$$



- Initial state: Spin aligned in x-direction:
- Calculate magnetization $\langle S_x \rangle$
 - pink: single realization
 - orange: ensemble average
- Short time: quadratic Hamiltonian evolution
- Long time: slowdown of relaxation
 - dashed line: logarithm
- Built up of entanglement



12 particles in 3D:
dominated by finite size effects



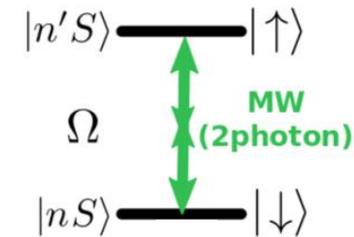
→ Use Rydberg atom platform to study many-body dynamics





Implementation:

- **Spin states:** 2 different Rydberg levels:



- **Motional degree of freedom frozen**

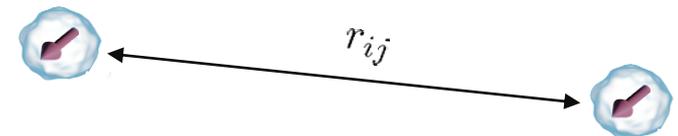
$$T = 40 \mu K$$

$$t_{\text{exp}} = 10 \mu s \quad \rightarrow \Delta r < 1 \mu m$$

Typical distance: $\sim 10 \mu m$

- **Strong interaction:** timescale of coupling

$$\frac{1}{J_{ij}} \ll t_{\text{exp}}$$



$$J_{ij} = \frac{C_6}{r_{ij}^6}$$

van der Waals interaction $C_6 \propto n^{11}$

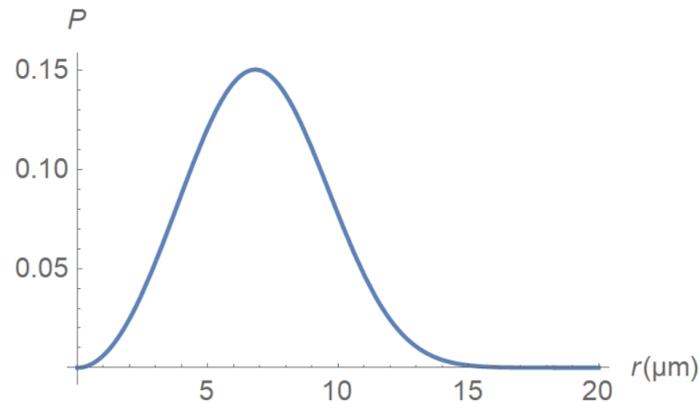
$$J_{ij} \sim 1 \text{ MHz}$$





- **Disorder:** excite Rydberg atoms from a thermal distribution of ground state atoms

Nearest neighbour
distribution

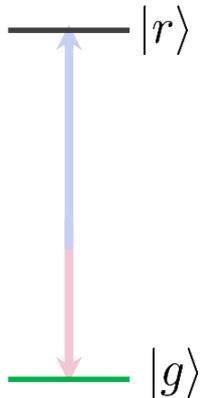


Atoms at short distance with $1/R^6$ interaction would dominate the dynamics

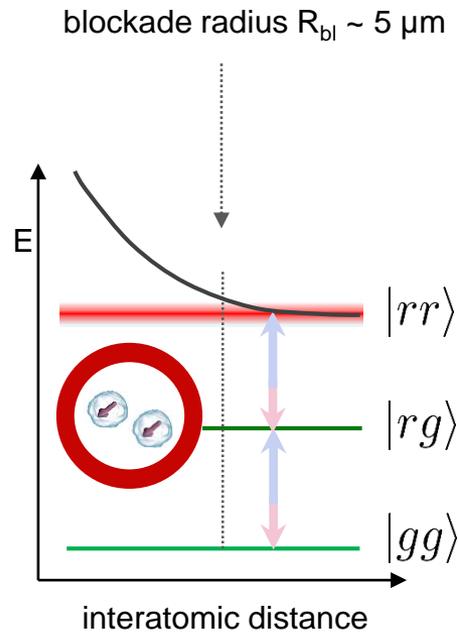
→ Make use of a short distance cut-off



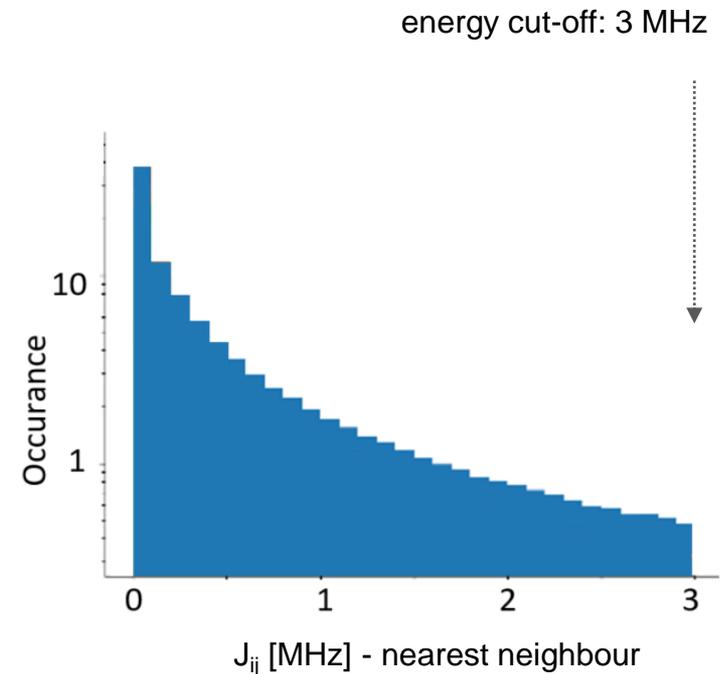
Laser excitation:



Dipole Blockade:

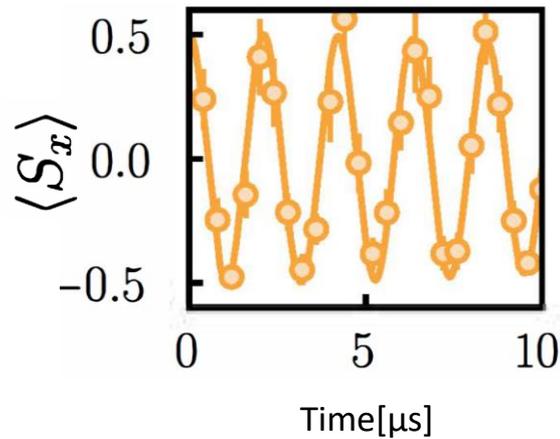
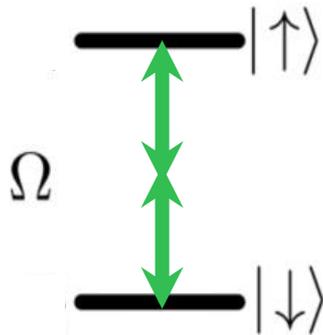


Distribution of coupling constants J_{ij}





- **Isolated system:** perform Ramsey measurement



Ramsey measurement
($\Delta/2\pi = 0.47$ MHz)

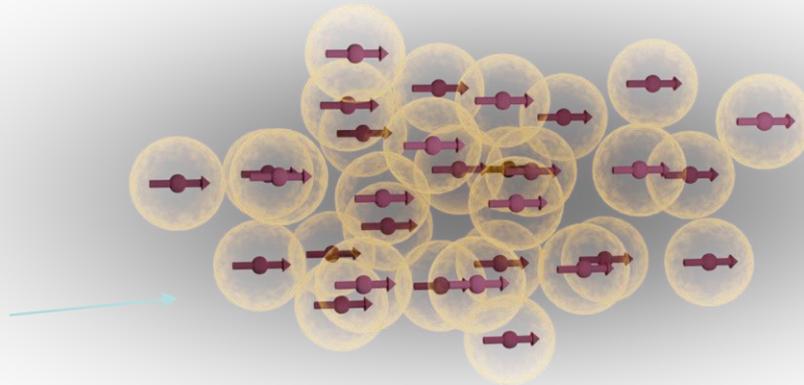
$t_{\text{coherence}}$
 $\sim \mathbf{100 \mu\text{s}} > t_{\text{exp}} = 10 \mu\text{s}$



Heisenberg
XXZ Hamiltonian

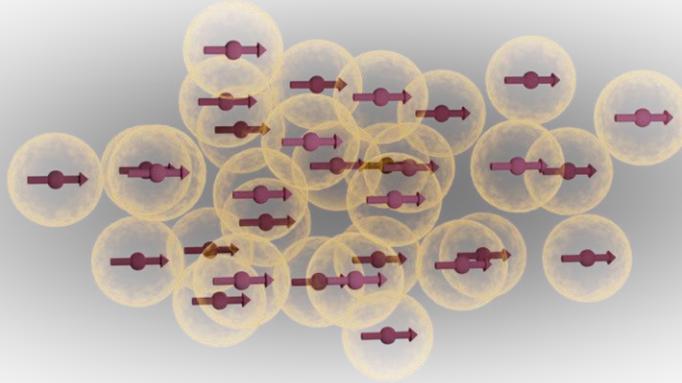
$$H = \sum_{i,j} J_{ij} \left(S_x^{(i)} S_x^{(j)} + S_y^{(i)} S_y^{(j)} + \delta S_z^{(i)} S_z^{(j)} \right)$$

$$\delta = -0.7$$



- Isolated
- Disorderd
- $J_{ij,\max} = 3 \text{ MHz}$
- Number of spins ~ 1000





Perform a quench: $|\Psi_0\rangle = |\rightarrow\rangle_x^{\otimes N}$ $\xrightarrow{H_{XXZ}}$

Choice of state: no evolution under the classical equation of motion

$$\langle S_y^{(j)} \rangle = 0$$

$$\langle S_z^{(j)} \rangle = 0$$

$$H_{\text{mean}} = \sum_i \underbrace{h_x^{(i)}}_{\sum_j J_{ij} \langle S_x^{(j)} \rangle} S_x^{(i)}$$

Quench protocol - readout



Rydberg
excitation

$$|\downarrow\rangle^{\otimes N}$$

Spin
rotation

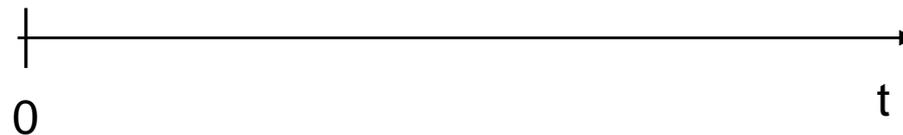
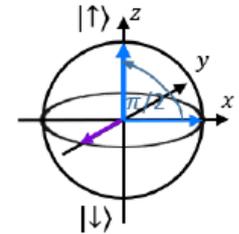
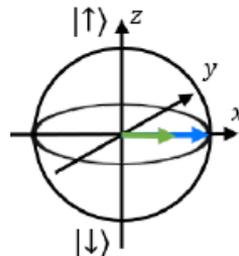
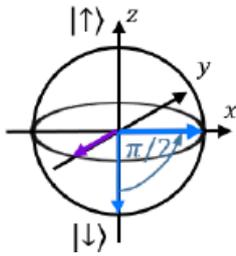
$$|\Psi_0\rangle = |\rightarrow\rangle_x^{\otimes N}$$

Unitary evolution

$$|\Psi(t)\rangle = e^{-i\hat{H}_{\text{XXZ}}t}|\Psi_0\rangle$$

Measurement

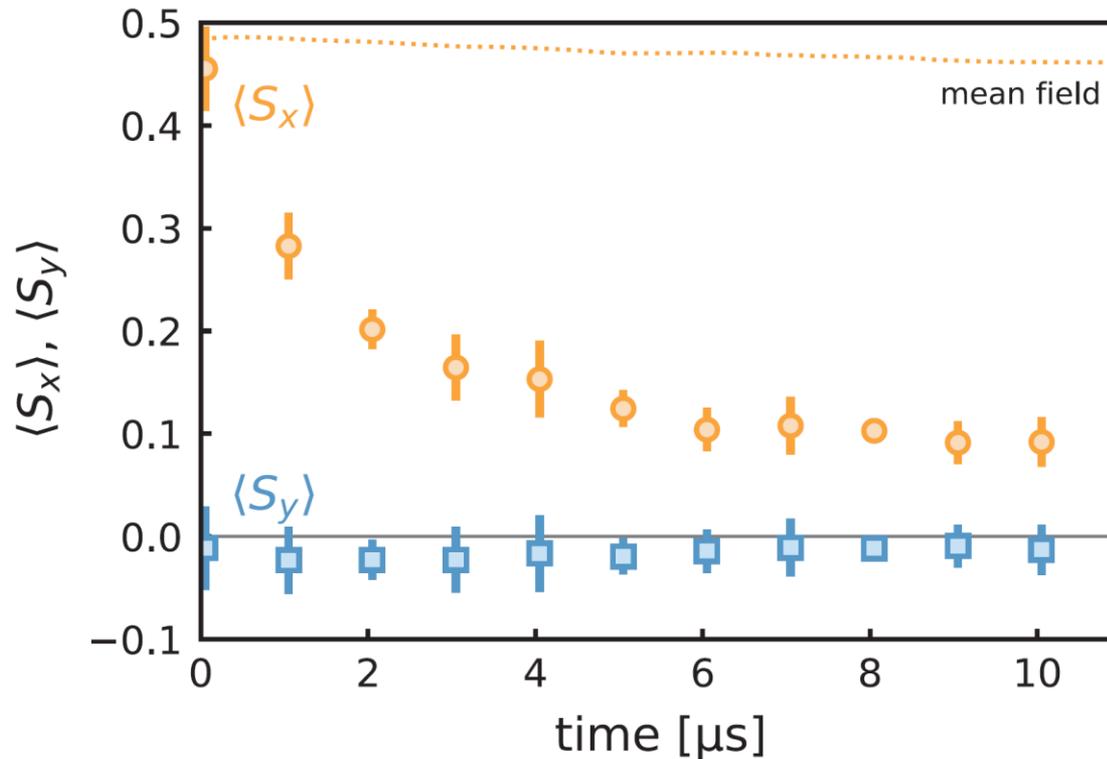
$$\langle\Psi(t)|S_x|\Psi(t)\rangle$$





Unitary evolution

$$|\Psi(t)\rangle = e^{-i\hat{H}_{\text{XXZ}}t}|\Psi_0\rangle$$

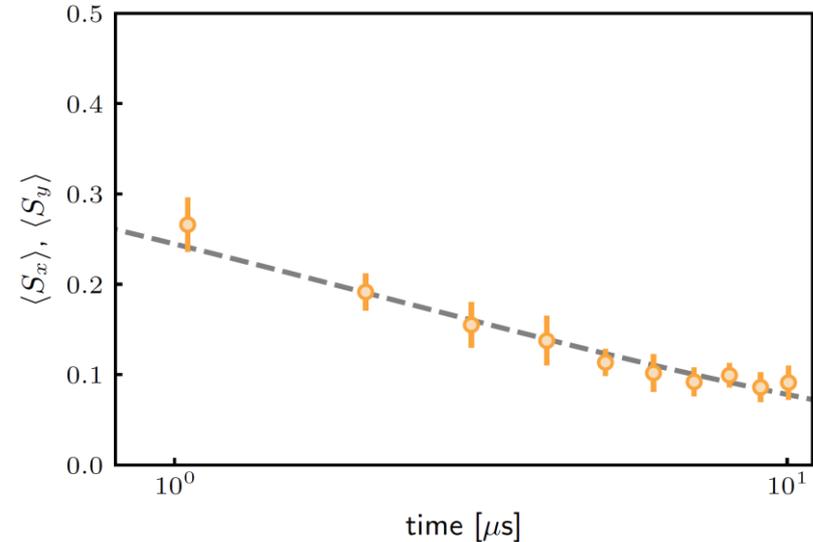
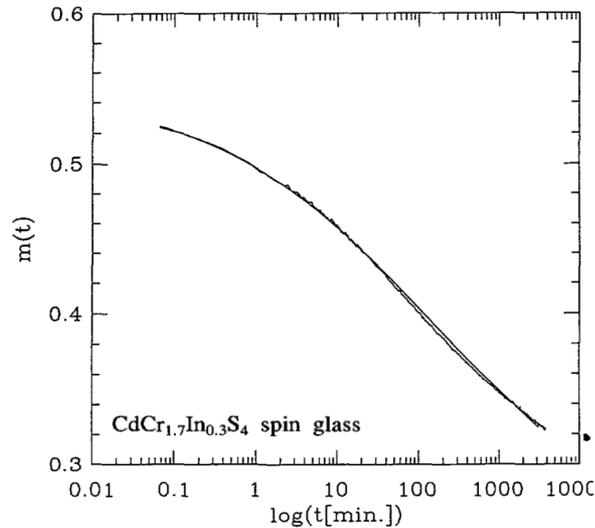


- Relaxation

- Sub-exponential
→ slow dynamics

→ Quantify slow dynamics





$$M_{\beta}(t) \propto \exp \left(-(\gamma_J t)^{\beta} \right)$$

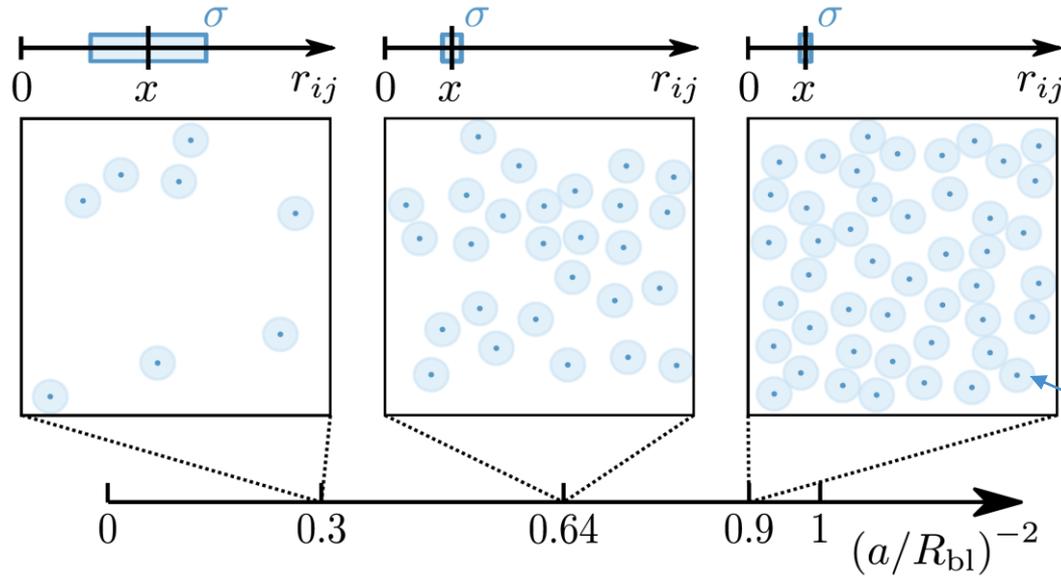
- Phenomenological fit inspired from Spin glasses
- Stretched exponent β characterizes relaxation:
 - $\beta \rightarrow 1$: Exponential decay
 - $\beta \rightarrow 0$: Logarithmic decay

**Experimental fit: $\beta = 0.32(2)$
→ glassy dynamics**

How does it depend on the strength of disorder ?



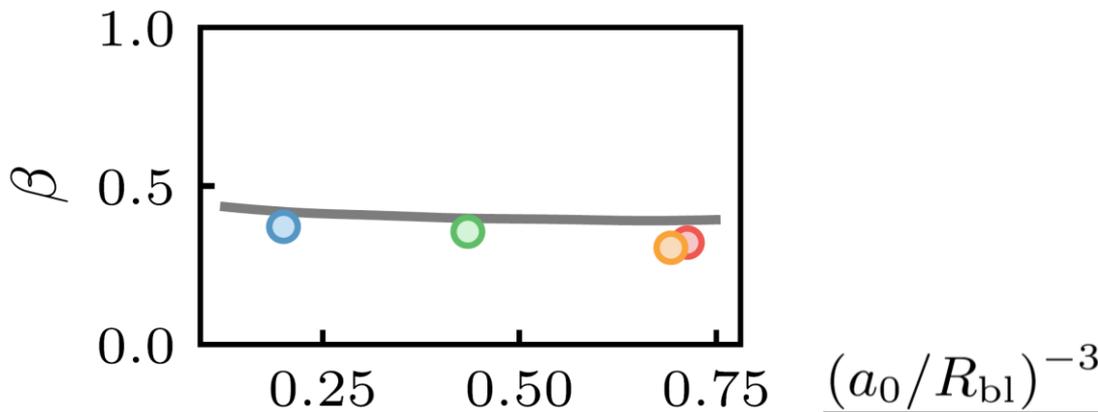
Tuning disorder strength



- Typical distance:
Wigner-Seitz radius

$$a = \sqrt[3]{\frac{3}{4\pi n}}$$

- Exclusion volume: given by
blockade radius

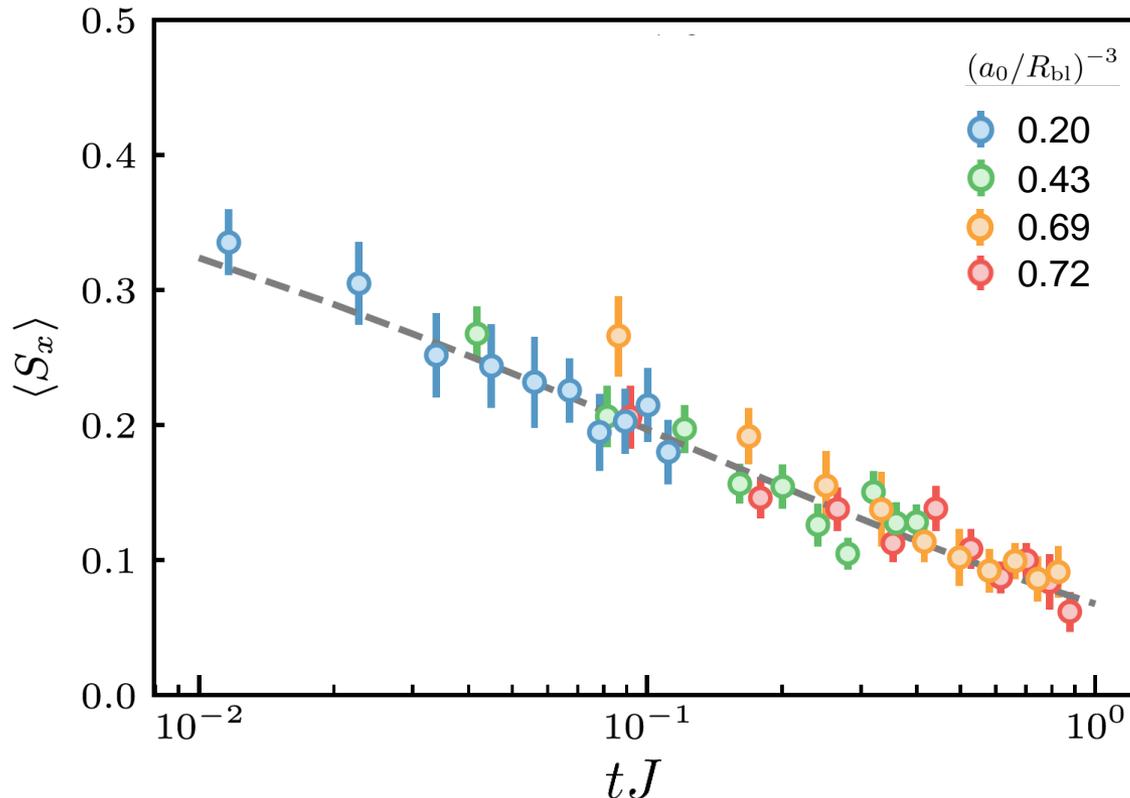


Exponent extracted for
different strength of disorder

→ **Constant exponent**



rescale time by characteristic energy $J = C_6/a_0^6$



$$\langle S_x \rangle \propto e^{-(Jt)^\beta}$$

$$\beta = 0.32 (2)$$

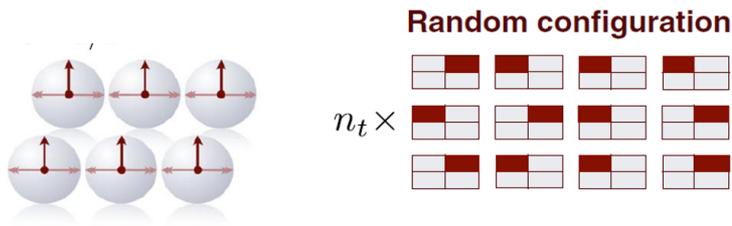
→ Universal behaviour independent of microscopic details



Further decrease disorder

Experiment: non-blockaded region in the Gaussian wings

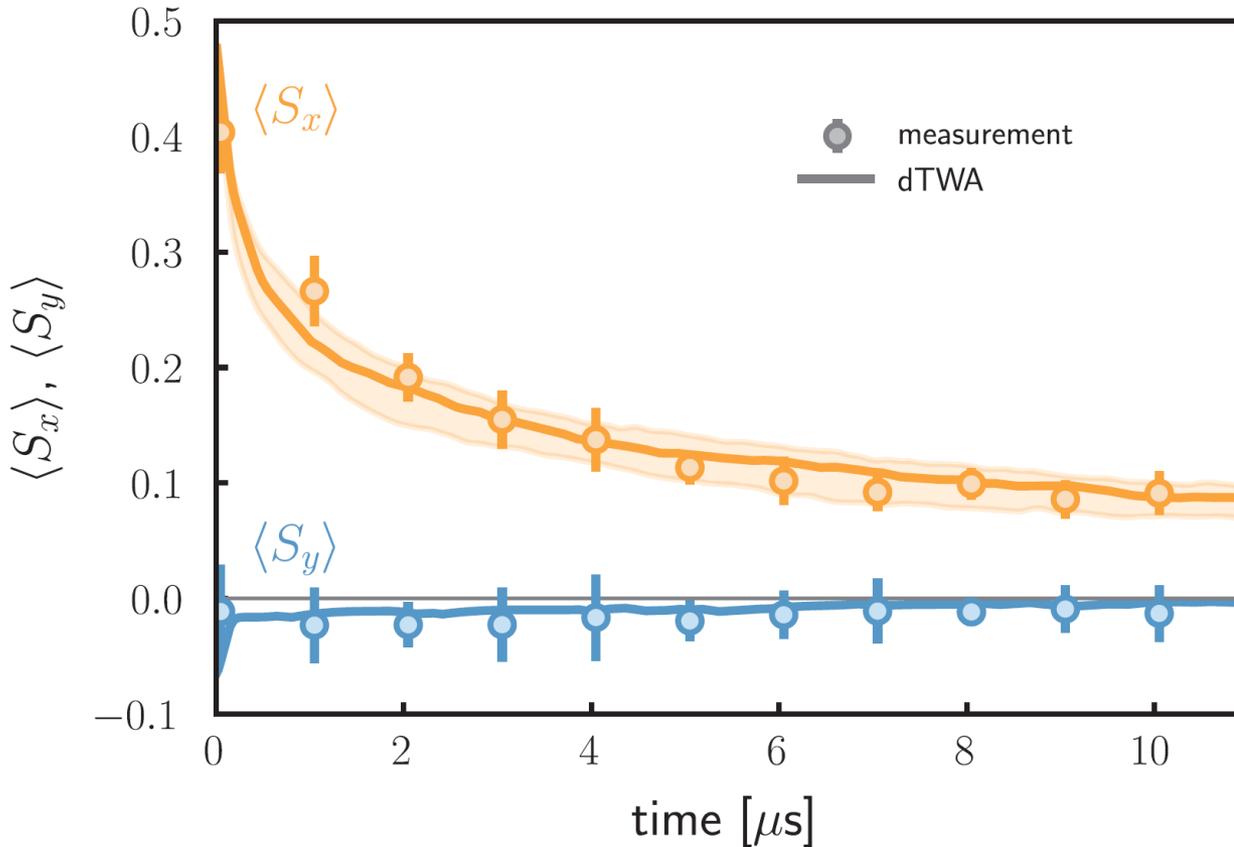
→ **Use numerical Method:** discrete truncated Wigner approximation (**dTWA**)



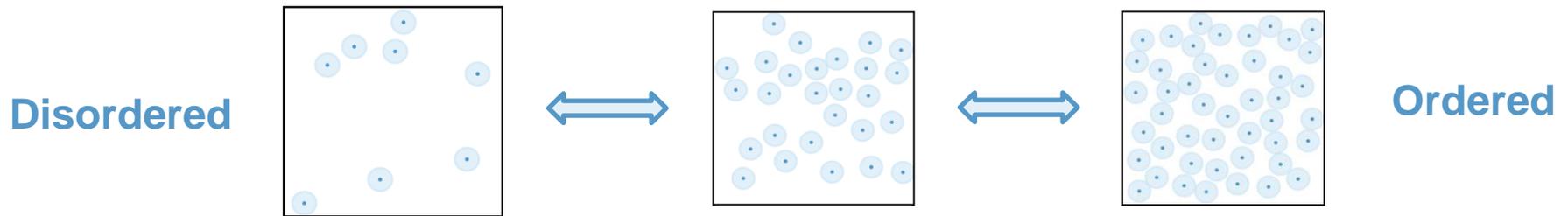
Sample phase points of each spin
according to the Wigner distribution



Compute classical time evolution
ensemble average



- Semiclassical dTWA agrees well with experiment
→ use to study homogeneous spin distribution with disorder



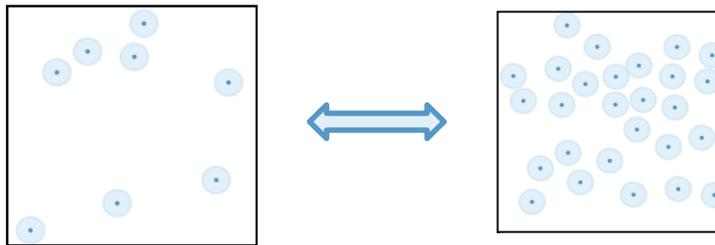
$$0 \longleftarrow \mathcal{D}_{\text{KL}}(p, q) = \int p(J) \log \left(\frac{p(J)}{q(j)} \right) \longrightarrow \infty$$

Kullback Leibler divergence

$p(J)$: actual probability distribution function

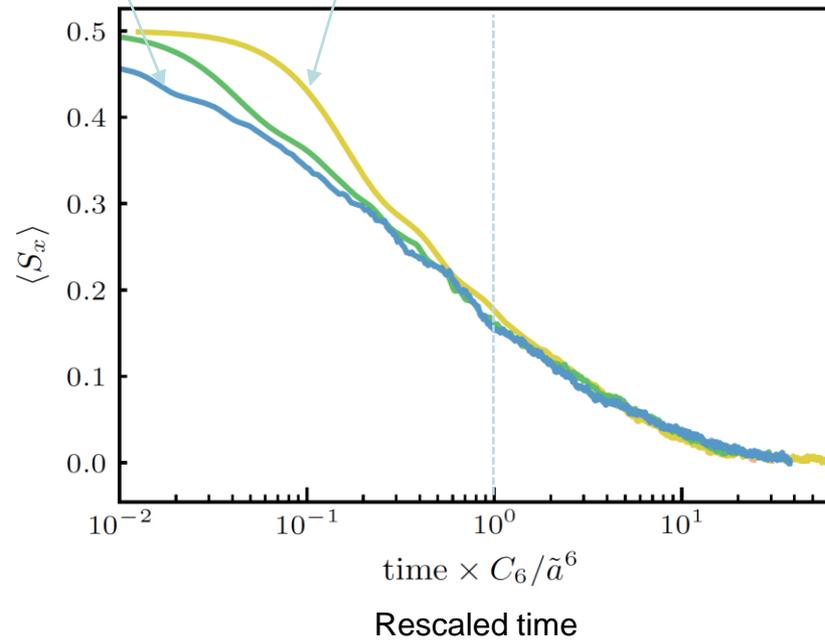
$q(J)$: probability distribution function for an ideal gas

dTWA: Time evolution



$\mathcal{D}_{KL} = 0.03$

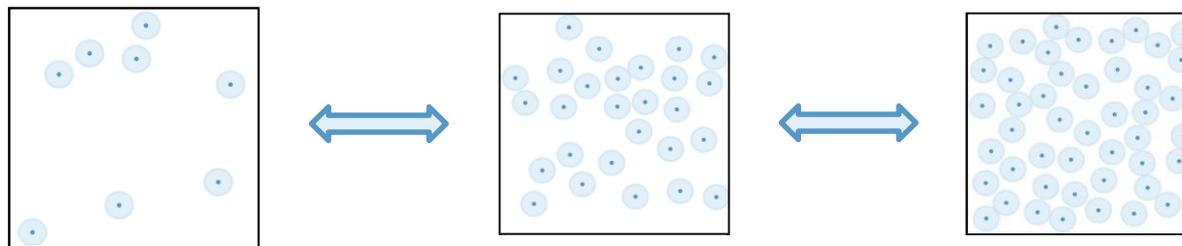
$\mathcal{D}_{KL} = 0.8$



- rescaling with characteristics energy

Reduced distance:

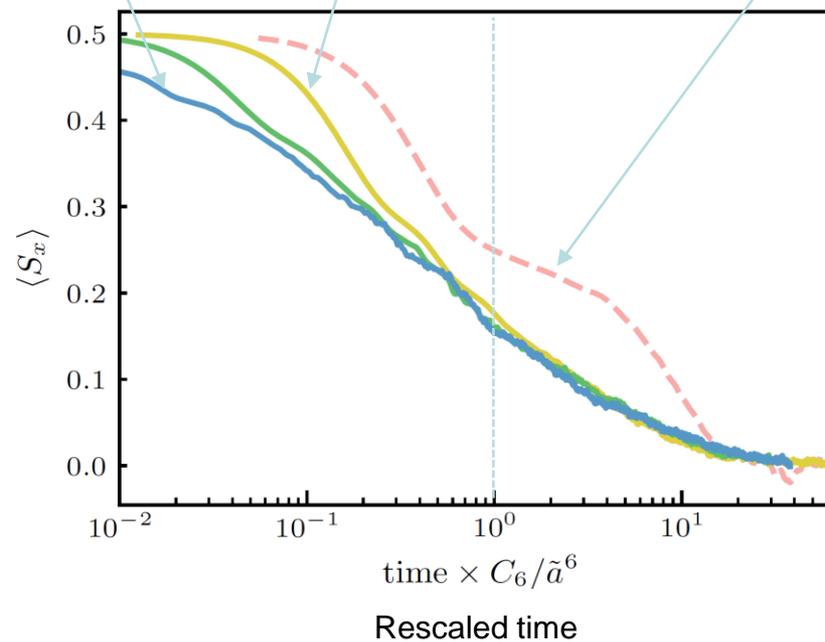
$$\tilde{a} = \text{median} \left(\sum_i \frac{C_6}{r_{ij}^6} \right)^{-\frac{1}{6}}$$



$\mathcal{D}_{KL} = 0.03$

$\mathcal{D}_{KL} = 0.8$

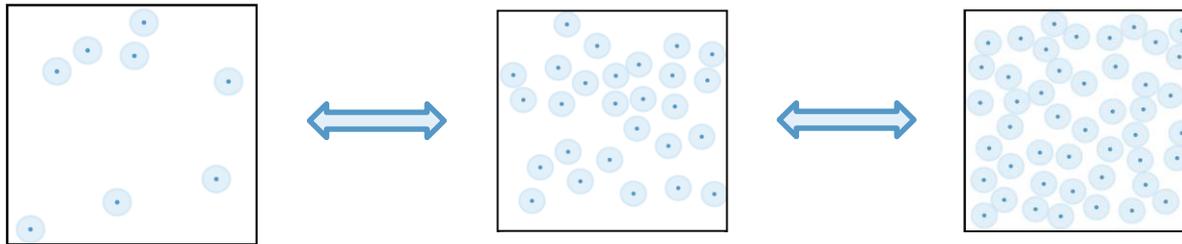
$\mathcal{D}_{KL} = 2$



- rescaling with characteristics energy
- fails for weak disorder

Reduced distance:

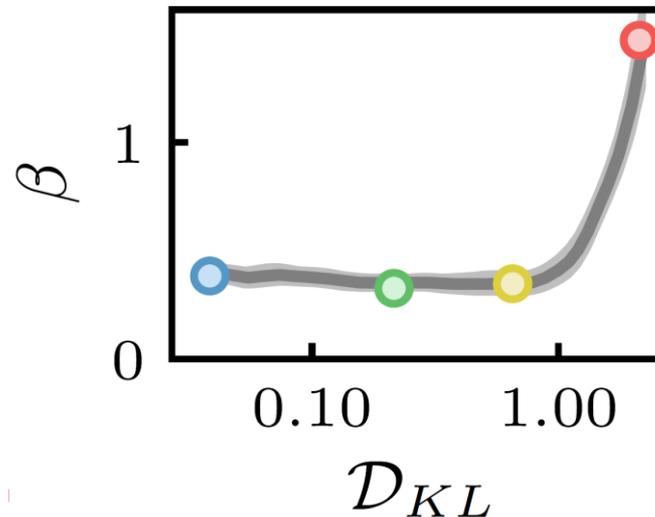
$$\tilde{a} = \text{median} \left(\sum_i \frac{C_6}{r_{ij}^6} \right)^{-\frac{1}{6}}$$



Two regimes identified

Strongly disordered
 $\mathcal{D}_{KL} \lesssim 1$

- Universal $\beta = 0.36$
- Relaxation rate $\frac{c_6}{\tilde{\alpha}^6}$



Weakly disordered
 $\mathcal{D}_{KL} \gtrsim 1$

- β, γ_J depend on microscopic parameters



What determines the value of $\beta=0.36$?

- average over exponential decays leads to $\beta=0.5$
- For Ising Hamiltonian ($\delta \gg 1$) $\beta=1/2$

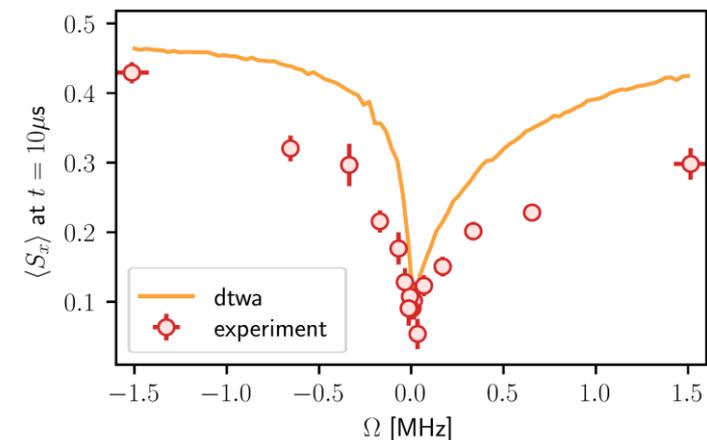
Does the system reach thermal equilibrium ?

Glassy dynamics: can take infinite time to reach zero magnetization

Break the symmetry of the Hamiltonian

$$H = H_{XXZ} - \Omega \sum_i S_x^{(i)}$$

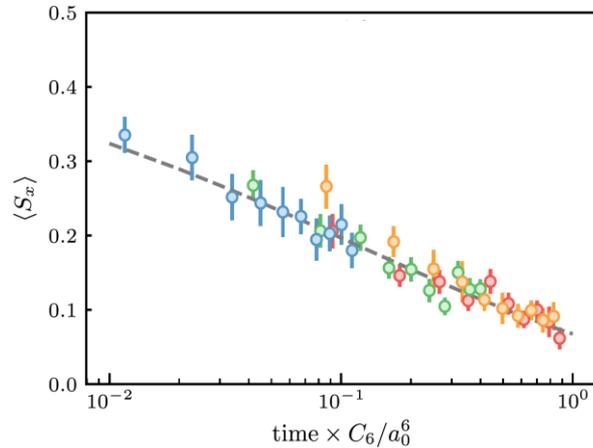
ETH: Diagonal ensemble = thermodynamical ensemble ?



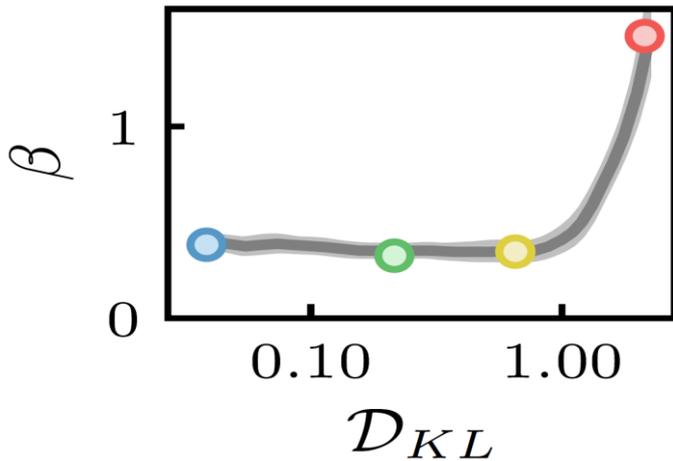
features similar to the diagonal ensemble

Out of time order correlations \rightarrow Martin Gärtner





- **Glassy dynamics** independent of microscopic details



- **Range of slow dynamics**





Shannon
Whitlock



Adrien
Signoles



Martin
Gärtner

back: Renato Ferracini Alves, A.T. , Nithiwadee Thaicharoen, Sebastian Geier,
Gerhard Zürn
front: Alexander Müller, Clément Hainaut, Titus Franz, Henrik Zahn, The Rabbit,
André Salzinger, Charles Möhl, Matthias Weidemüller

Thank you for
your attention!